

Clinical Examination in Orthopedics

K Mohan Iyer

 Springer

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*Dedicated to my wife, Nalini K Mohan
And
Daughter, Dr. Deepa Iyer
And
Son, Mr. Rohit Iyer*

Foreword

It gives me immense pleasure to write this foreword for my dear friend Dr. K Mohan Iyer for his book *Clinical Examination in Orthopedics*. This book has been written step-wise, enumerating various aspects of the importance of clinical examination derived by laying one's hands on the affected parts. A thorough clinical examination can help us to arrive at a tentative differential diagnosis of the condition and hence help in investigations with numerous further tests which are relevant to the given condition. Handling a given case in this way is far more important than the diagnosis of the condition, and this comes with practicing the same approach many times. Learning this is essential for anyone embarking on a career in orthopedics.



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Preface

This book has been written after many years of working in orthopedics at four well-recognized universities in different parts of the world: namely, Bombay University, Liverpool University, London University, and Bangalore University. I have had the pleasure of working in various capacities in these universities and would expect any candidate (whether undergraduate or postgraduate) to know these fundamental basic examination criteria when arriving at the various features of discussion, which are extremely important in getting good marks in their final examinations. This book outlines the basic points which must be kept in mind when examining any bone or joint in orthopedics.

I would like to thank my dear friend and colleague Dilip Malhotra, M.S. Orth., M.Ch. Orth., F.I.C.S., senior consultant orthopedic surgeon, International Hospital of Bahrain, Bahrain, for his timely and valuable help with the X-rays and photographs for this book, without which it would have been very difficult for me to complete this book. I would also like to thank my other colleagues, in particular Dushyant H. Thakkar, M.S. Orth., M.Ch. Orth., F.R.C.S. Orth., senior consultant orthopedic surgeon, London, UK, who has also given me X-rays and photographs for this book. Above all, it gives me great pleasure to thank immensely my respected teacher, L.N. Vora, M.S. (Bom.), F.C.P.S. (Bom.), F.R.C.S. (Eng.), M.Ch. Orth. (L'Pool), Hon. Orthopedic Surgeon, Sir. H. N. Hospital, Mumbai; Hon. Prof. of Orthopedics (Retd.), Seth G. S. Medical College, Mumbai; Hon. Orthopedic Surgeon (Retd.) K.E.M. Hospital, Mumbai; for his kind permission to insert the

entire chapter “Examination of Gait” in my book. Finally I would like to express my sincere thanks to Mr. Steffan D. Clements, editor, Clinical Medicine, Springer (London), for his guidance in the preparation of this book.



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